



EXAMPLE

### FC Wisconsin Technical Training Program

	Base touches (BT)	BT with pull back	Inside of one outside of the other	Total touches
<b>Goal:</b>	<b>2500</b>	<b>3750</b>	<b>3750</b>	<b>10,000</b>
Date				
8.12.15	215	432	312	<b>959</b>
8.15.15	374	416	511	<b>1301</b>
8.16.15	76	81	98	<b>255</b>
8.19.15	456	611	742	<b>1809</b>
8.20.15	199	223	312	<b>734</b>
8.21.15	457	457	333	<b>1247</b>
8.23.15	319	376	300	<b>995</b>
8.24.15	413	589	602	<b>1604</b>
8.25.15	106	597	566	<b>1269</b>
<b>Total</b>	<b>2615</b>	<b>3782</b>	<b>3776</b>	<b>10173</b>

Player signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_